

# Spring Out Quinoa

*Easy, healthy and brings the spring flavors to your table, including as a Passover dish.*

- 2 cups quinoa, rinsed in cold water
- 3 <sup>1</sup>/<sub>2</sub> cups water
- 1 bag peppermint tea
- 1 tablespoon extra virgin olive oil
- fresh mint, basil, cilantro

Wash grains. Place them in water and add peppermint tea bag. Bring to a boil. Cover and simmer for 15 to 20 minutes, then remove from heat and let stand for 5 minutes. When it is done, add olive oil and fluff. Garnish with chopped fresh herbs and serve.