

Turkey Burgers

Yield: 4 patties.

Ingredients:

- 1 $\frac{1}{4}$ lbs. ground organic turkey
- 1 medium zucchini grated
- 1 teaspoon dried oregano
- 2 scallions chopped
- $\frac{1}{4}$ cup fresh mint chopped
- 1 Tablespoon extra virgin olive oil
- 1 teaspoon sea salt
- pepper to taste

Mix all the ingredients together and form 4 patties. Heat the grill and barbecue over medium heat until cooked through, about 4 minutes per side. Serve with Tahini sauce over greens.