

Wheat Bran Waffles

Serving: 2 waffles

Batter Ingredients:

- $\frac{1}{2}$ cup Shiloh Farms Fine Wheat Bran
- 2 organic egg whites (or $\frac{1}{4}$ cup liquid egg whites, I like Pete & Gerry's organic egg whites)
- $\frac{1}{2}$ teaspoon baking powder
- $\frac{1}{4}$ cup almond milk
- dash of sea salt
- 1 teaspoon cacao powder (optional for chocolate waffles)

Directions:

1. Spray waffle iron generously with 100% EV00 spray or Avocado oil spray.
2. Mix all ingredients into a smooth batter.
3. Add batter to the waffle maker and spread with spatula. Cook until very crispy. Carefully remove with a dull knife or spatula.

